



Caister Parish Council Newsletter



Autumn 2024
Volume 6 Issue 3



CHAIR'S MESSAGE



A big thank you to everyone who came along to Caister Festival

It was a great success despite the rain on the Sunday and to all those taking part you were awesome. To the volunteers who worked hard over the two days we couldn't have done it without you and to that small band that is Caister Festival committee amazing To the Parish Council and Caister Playing field great to see these organisations working together for our village,

AND TO ALL OF YOU THAT CAME ALONG THANK YOU we rocked THIS OLD VILLAGE and we will do it all again in 2025



Kevin Wood

Parish Council Chair

CAISTER'S PARISH CHURCHES

www.caisterchurch.org



It is that time of year when the population of our village is swollen by an influx of holiday makers and at the parish church it is our privilege to welcome our holiday "regulars", who come back year after year and worship with us. It makes you realise how fortunate we are to live in a holiday destination, with the attractions of beaches, broads and countryside, not to mention some excellent pubs and restaurants. But although those might be the things that draw visitors in the first instance, I hope that they soon realise that the thing that makes Caister really special is the people and the community. It is a rare thing to find a community in which people look out for each other, and also welcome the stranger and the newcomer, but that does seem to be the ethos here in Caister - long may it continue!

**KEEP THE DATE - SANTA'S COMING!
SANTA'S CHRISTMAS EXTRAVAGANZA
CHURCH HALL, SAT 30TH NOV**

Rector: Revd David Wells 728431 revd.david@googlemail.com
Churchwarden: Maria Brindley 722582

SUNDAY WORSHIP 9AM ST EDMUND'S, 10.30AM HOLY
TRINITY & ONLINE  @HTCaister
ALL WELCOME!

Your Parish Council

Caister Parish Council Mission Statement

The Parish Council seeks to promote and encourage true community spirit within the village. To encourage full co-operation between Councillors both Parish and local Borough, residents and local businesses, thereby ensuring a better quality of life for all residents and visitors alike and improving local relationships to the betterment of the village.

As a resident of Caister you are invited to share your views with your Parish Council, either in person or by contacting the Parish Clerk on 01493720893 or clerk@caisterparishcouncil.com

You are encouraged to let your Parish Councillors know of anything in the village that is of concern so that action can be taken on your behalf.

Parish Council Meetings

Parish Council meetings are advertised on Noticeboards around the village, on Facebook, and on the Caister Parish Council Website (<http://caisterparishcouncil.norfolkparishes.gov.uk>) and on Streetlife.

Members of the public are given a 15 minute slot at the beginning of the meeting to raise issues affecting them. There is also time at the beginning of the meeting for residents to put concerns before their Borough Councillors. The Chairman will invite these questions.

Bringing Issues before Council

If an item to be discussed is personal, an approach should be made to the Parish Clerk who will direct you to the Parish Councillor with responsibility for that issue.

If you wish to speak you must raise your hand and wait to be directed by the Chairman. Once invited you must stand, give your name and address and briefly state your concern. You will be allowed approximately 2 minutes but the Chairman may use his discretion. Any written information must be provided to the Clerk beforehand to ensure that there are copies for all Councillors.

All concerns will be dealt with on a case by case basis, although you may be referred to a Parish Councillor who will deal with you personally.

You can film, record or take photographs at the Parish Council meetings but it is preferred that you speak to the Clerk/Chairman prior to the meeting.

Your Parish Council

If an item is not on the Agenda, no decision can be made at the meeting, perhaps further research will be needed. Please ensure that you leave your contact details.

You can email a Parish Councillor through the Parish Council Website at (<http://caisterparishcouncil.norfolkparishes.gov.uk>).

Remember

All Parish Councillors are unpaid and all live in Caister, they meet on the first Monday of the month for Full Council at the Council Hall on Yarmouth Road, except Bank Holidays when the meeting will be on the second Monday. Meetings are also held on the fourth Monday of the month to discuss Finance matters.

The AGM is held in May in the Council Hall and is advertised in advance.

We are Responsible for :-

- The upkeep of Caister Cemetery
- The Allotments
- Some Bus Shelters
- Council Hall
- Parish Surgeries
- Village matters and issues
- Responding to Planning Applications
- Toilets on Beach Road and Second Avenue

Have representation on :-

- Caister Sports & Social Club
- King George V Playing Field
- Safer Neighbourhood Action Panel
- Borough Coastal Group
- Caister Charities
- Caister Mens Shed
- Caister Larder
- Caister Lifeboat
- Caister in Bloom
- Caister Cares
- Joint Parishes Liason Committee.

Parish Council Meetings for the remainder of 2024, 7pm Council Hall

April 8th

May 20th

June 3rd

July 1st

August 5th

September 2nd

October 7th

November 4th

December 2nd

Caister Parish Council

A meeting took place at Caister Parish Hall on 3rd June 2024 between Anglian Water and Caister Parish Council and residents of the village. We, as a Council, had previously forwarded a series of questions to Anglian Water concerning their performance at the Caister Treatment Works. The AW personnel attended the meeting to address any further concerns that the Council or residents may have.

Questions for Anglian Water

- 1) What measures are Anglian Water taking to implement or maintain a surface water sewerage barrier in order to maintain the health of our local environment given we rely on holiday makers enjoying our coastal waters and our native marine fauna who rely on not being poisoned?**

Whilst the Gt Yarmouth bathing waters have been classified as excellent for 2023, Caister was rated as good. An independent study into the source of faecal indicator bacteria was conducted at several sites in Norfolk, including Caister Point. As the report explains, decaying seaweed and algal blooms can contain high levels of this bacteria, which can then be picked up in bathing water testing.

Despite this evidence, and the distance between Caister beach and our assets, we want to be certain that our assets are not impacting bathing water quality, and so we have submitted a request for funding to carry out an investigation into the sources of the bacteria around Gt Yarmouth. (25/30)

- 2) We are also aware of plans to site a desalination plant, close to your dirty water discharge outlet, to increase the supply of drinking water for our enforced population expansion. Will you and your directors be the first to drink the product of this new plant after a thunderstorm please?**

Essex and Suffolk are the water suppliers in Caister and so you would need to speak to them about their planned water security measures, such as desalination plants.

However, we are the water supplier further up the coast, in North Norfolk, and we are proposing to build a desalination plant at Bacton. Desalination is based on the use of membranes to remove salt and other impurities from seawater and will be unrelated to sewage.

We did consider a re-use plant at Caister, but we are not pursuing this based on current plans.

- 3) What are your future capital Caister Treatment Plant plans to manage an increasing populations effluent and the time scales when the relevant work will commence and be complete. Since much effluent still remains mixed waste including surface water runoff, what plans are there to deal with increased rainfall patterns that are emerging without recourse to dilution factor discharge to the sea,?**

Between 2020-2025 we will have invested a total of £5.9 million in the Gt Yarmouth district.

Including monitors on all our storm overflows, refurbishment of Grit removal covers and installation of two new blowers at Caister Water Recycling Centre (WRC).

Looking forward, we have improvements planned for all of our storm overflows and forecast that none of them in the area will spill more than 10 times a year by 2040. We will tackle the highest spillers first, with improvements proposed between 2025-2030 to reduce overflows from Caister Water Recycling Centre and the rest of Gt Yarmouth and Gorleston.

Across the Caister catchment we have proposed to invest just over £59 million between 2025-2030.

Including; the bacteria investigation, improvements to meet storm overflow target, above these will include storm storage and Sustainable Drainage Systems such as raingardens, our improvements also provide an uplift to account for climate change– improved monitoring and new screens at outfalls.

- 4) What aroma mitigation measures do AW plan to install to cope with demand until 2040?**

We have recently taken several actions to reduce odours from the site:

1. Refurbishment of Grit Removal covers.
2. Commissioned a new UV odour removal kit on the sludge thickening process.

3. Optimised chemical dosing at the delivering pumping station(following an odour survey last Year). This has significantly reduced the septicity of the incoming sewage which has reduced odours.

Looking forward, we are due to have a new Redox monitor installed later this year which will alert us to higher levels of septicity in the incoming sewage, and this would allow us to respond accordingly. We are also due to have the odour removal process for our onsite headworks building replaced between 2025– 2030.

5) Statutory Sampling is carried out on site so can AW identify the sampling points and what action is taken when site parameters are exceeded?

Samples are taken every day by our site team and at random periods throughout the year to fulfil official monitoring obligations. The red dots on the image below show where we take crude effluent (point a) and final effluent (point b).

The site team have procedures in place to identify and rectify an issue if the sample is identified to be in breach of any of our action limits.



6) There are reports of significant discharges to the sea which exceed the Environmental Agency permitted consent levels. For clarity and confirmation can the last five years exceedences be identified and the action taken to mitigate recurrences.

The Environment Agency permit and monitor both our storm overflows and final effluent.

In terms of the final effluent, the WRC has passed all its Water Resources Act samples over the past 5 years. We did pick up two Urban Waste Water Treatment Directive samples in close succession which were just above 125mg/l for Chemical Oxygen Demand (COD) but well below 250mg/l back in early 2020, this was put down to issues with one of the final settlement tanks on site which has been rectified.

We also unfortunately picked up an UWWTD sample above 250mg/l of COD in Sept 2022 which put the works at failing status for the year. This was due to a control issue with the blowers due to a blower failure. The sample was fine the following day and the blower issue has been rectified with the installation of two brand new blowers on site.

Graphs are available that illustrate the results of the above.

7) Should there be a major incident requiring the plant to be shut down, what are the contingency plans for the temporary storage of effluent?

Through our contingency planning, we have emergency back up generators on site to keep the plant functioning in the event of a loss of power. We could also change the settings of our pumps to optimise their performance under such conditions. Our contingency planning has been designed this way because due to the volume of effluent that the plant receives, storing this would be impractical, and so instead we focus on maintaining the operation of the works.

Its interesting to see Anglian Water`s response to the questions put and their plans to rectify the problems, but they are a long way ahead. Until then we will still be having effluent being discharged into the sea. Caister and villages to the north are expanding at an ever increasing rate so this will only exacerbate the current problems. As with everything these days, the infrastructure is always the last thing being considered.

History of Caister on Sea

THE BLUE DANUBE

It has recently been reported by the Environmental Agency that, in 2023, Caister beach suffered from a high level of sewerage discharge, the highest level of all Norfolk beaches. Sewerage problems have been on the agenda of the Parish Council for well over one hundred years. The first problem was the total lack of any sewerage system.

The first suggestion that Caister should have a sewerage system came in December 1898 when a letter from the Manor House Hotel detailed their plans for a drainage system to serve the hotel and their proposed housing development to the north, on the Warren. Using the railway level crossing at Beach Road as a reference point they explained that sewers shown on their plan north of the crossing would be provided by the company while the local authority could, if they wished, adopt that part of the system shown east of the level crossing. The estimated cost to cover the whole parish was £700 and the parish council or district council could obtain a loan which would place only a very small charge on the rates. The hotel company's own engineer would draw up plans and details for the village part of the system. It appears the suggestion received no response from either the district council or the parish council so the hotel company went ahead with their own private sewer system.

The land north of the Manor House Hotel was laid out as a new housing development with Manor House Road and the Esplanade, all properties connected to the private sewerage system which was also connected to the hotel. The system had an outfall directly into the sea off the beach but this often became blocked by sand, making it very unsatisfactory. By the end of the 1940s all the properties connected to this sewerage system had fallen into the sea but today, after scouring high tides, remains of the brick sewer outfall is sometimes to be seen on the beach.

No progress was made on a system to cover the rest of the village to replace the traditional night soil collection. The parish council discussed and argued over the provision of a sewerage system for many years, the main objections being the cost. Eventually, in 1922, a firm of civil engineers from Nottingham, Messrs. W.H. Radford, were commissioned to design a scheme for the village, but again the cost to the ratepayers deterred the council from going ahead. When put to a public meeting the scheme was rejected, 27 votes for and 94 against. In 1929 the proposals for a sewerage scheme were raised again and, although some members of the council were still against, it was recommended to go ahead with a new and revised scheme. A public enquiry was held in the Council Hall in December 1930 where it was stated that the village had a population of almost 3,000, with 700 houses. Although 85% of the houses were connected to the Great Yarmouth Water Company's mains water supply, they all had to rely on the night soil collection to dispose of the sewage. It was costing the council £300 per year to provide this service, a service which was carried out between the hours of 10.30pm and 6.30am by what was known to many people as the 'honey cart'.

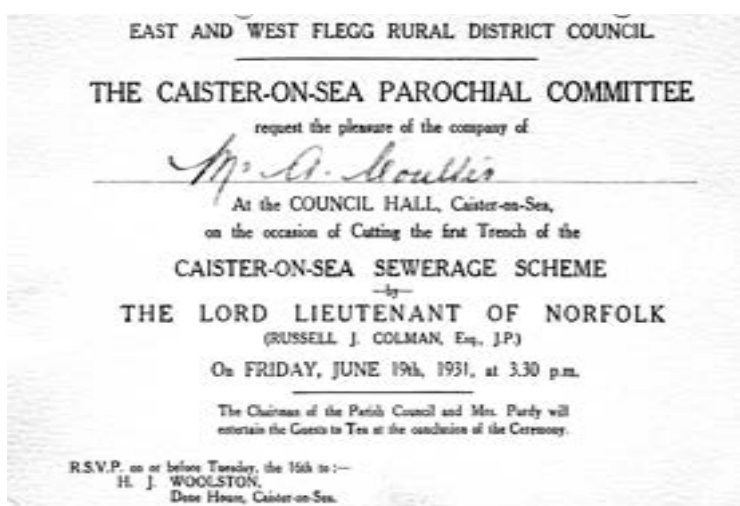
A considerable amount of the village's waste water was also finding its way into what was known as the Landspring Dyke, an important drainage channel which ran round the western side of the village, behind Yarmouth Road. This had become so polluted that it had to be regularly flushed out, and was known to the villagers as the Blue Danube. The revised sewerage scheme was again engineered by Radford of Nottingham and was estimated to cost £29,000, funded by the Rural District Council who would provide £18,500, the remainder to come from grants and the parish. The cost to the ratepayers of Caister amounted to an additional 3d on the rates. The main contract for the work was awarded to a firm from Derbyshire and it was de-

designed to use as much local labour as possible, helping to alleviate the serious unemployment that existed in the parish at that time. The work also attracted a grant from the Unemployed Grants Committee.

On 19 June 1931, at 3.30pm, the Lord Lieutenant of Norfolk, Russell J Colman, cut the first trench at the western end of Tan Lane. The Chairman of the Parish Council and his wife, Mr and Mrs Purdy, entertained the guests to tea in Council Hall after the ceremony. The pipes of the new system were connected to a small electric pumping station in Ambrose Road, which in turn was connected to sludge drying beds and two settlement tanks on the marshes, the foul water then pumped into the river Bure. In January 1932 one hundred workmen employed on the scheme were entertained to a dinner in the Council Hall, as guests of the contractor. This had been arranged by a small committee with Mr Stone, the landlord of the Green Gate, providing the food. Tribute was paid to Mr J Gedge, the Chairman of the Parish Council, who was described as the 'father' of the sewerage scheme and in turn Mr Gedge paid tribute to the workmen, stating "there had not been a more disciplined, or more well-behaved set of working men in the parish of Caister or in the country than those who were engaged on the Caister Sewerage Scheme". He also said he hoped that the present generation, and future generations, would enjoy and appreciate the amenities of the scheme. The after dinner speeches were kept short and the remainder of the evening, until 11pm, was spent "with gramophone selections, songs and choruses". By the end of the year the work had been completed. The system was not trouble free as soon the Sanitary Inspector for the RDC had to issue a notice to all households requesting people to "not throw rags or any other refuse down the sewer, as these damage the pumps, which are costly to repair".

The second problem came in the 1960s after a new sewerage treatment plant had been built off Pump Lane. The obnoxious smell that originated from this, and hung over the village in summer months, was a continuous source of complaint and was discussed at Parish Council meetings in the following decades. A new treatment plant was opened in 1999 and the problems with Caister sewerage were hopefully laid to rest. However, by 2019 the 'unpleasant odour' had returned and once again sewerage was on the Parish Council agenda. Now a third problem appears to have arisen, pollution from the outflow. The subject is again on the agenda, a subject that the parish council has been unable to escape from for over 120 years.

The pictures the Lord Lieutenant, Russell J Colman cutting the first trench in Tan Lane in June 1931 watched by members of the parish council and the invitation to the event.



Thanks to Colin Tooke



New Lifeboat latest news

The new all-weather Caister Lifeboat is due to enter service in the near future, with final testing, certification and training nearing conclusion.

The coxswain and his senior crew have been working through statutory processes to meet the Maritime and Coastguard Agency regulations.

Also, several launches have taken place, giving crew every opportunity to be trained on the new boat and the upgraded technology on board.

The vessel has a much more sophisticated navigation system, which will aid search and rescue duties, but also has many additional features.

Coxswain Guy Gibson said: "We've had a lot to work through, testing all of the new systems for the boat, tractor and carriage.

"It's taken a lot of effort and dedication but we are progressing through it well, and I am hopeful that the new boat will be in full service in the next few weeks."

Exercises have seen the crew launch and recover the boat using different systems, including running the boat ashore and recovering on land rather than the boat being reversed into the carriage.

This means that in whatever weathers, the crew are prepared for all eventualities.

Thousands of names on new lifeboat

People who have donated money to Caister Lifeboat's Keep the Boat Afloat appeal turned out in their thousands in July to see names of themselves and those they love on the new Medina Class vessel.

For a £25 minimum donation, supporters have been able to place a name on the boat's identifying markers, CVLS 45-01.

The letters stand for Caister Volunteer Lifeboat Service, with 45 denoting the length of the boat in feet, and 01 denoting the vessel's place in the fleet.

So far more than £50,000 has been raised through the campaign.

Greg Carter, who has led the project, said: "We had a tremendous event where so many people came to see their own name, or that of those they wish to remember or pay tribute to.

"Lots of people were proudly taking pictures next to the boat, and it was amazing to see everyone so happy."

A replica of the markers has been placed outside the shed on Skipper's Walk, and poster-size images of each letter are for sale in the Lifeboat Shop at £15 each.

Mr Carter gave thanks to Sign Connections, based in Winterton, for producing the design.

The campaign continues and new names will be added to the vessel periodically long into the future.

Visit <https://www.caisterlifeboat.org.uk/keep-the-boat-afloat> or scan this QR code.

New Lookout Café and Snack Kiosk open

The Lookout at Caister Lifeboat has now opened and is serving breakfasts, lunches and afternoon refreshments.

Micky and Mel Pywell, formerly of the King's Arms in Northgate Street in Great Yarmouth, were selected as tenants to run the café and viewing deck.

A ground-floor kiosk selling doughnuts, ice creams, hot and cold drinks and snacks has also opened.

Now the café is open, it is possible for members of the public to view the new Medina-Class lifeboat from viewing gallery.

Lifeboat Day

It's our biggest fund raising day on Sunday 4th August, and will be a chance for visitors to take a guided tour of the new Medina Class lifeboat.

A display is being planned using both the new boat, the Bernard Matthews II and the Inshore Lifeboat Fred Dyble II.

We will have all our usual attractions including live music, children's rides and raffles and tombola.

The coxswain and crew will be cooking burgers, hot dogs and fried herring - but also our gourmet range of pulled pork and chilli loaded onto burgers, dogs or fries.

Our bar will also be serving refreshments and the café and kiosk selling cold drinks and ice creams throughout the day.



Benefits of exercise

Step right up! It's the miracle cure we've all been waiting for.

It can reduce your risk of major illnesses, such as coronary heart disease, stroke, type 2 diabetes and cancer and lower your risk of early death by up to 30%.

It's free, easy to take, has an immediate effect and you don't need a GP to get some. Its name? Exercise.

Exercise is the miracle cure we've always had, but for too long we've neglected to take our recommended dose. Our health is now suffering as a consequence.

This is no snake oil. Whatever your age, there's strong scientific evidence that being physically active can help you lead a healthier and happier life.

People who exercise regularly have a lower risk of developing many long-term (chronic) conditions, such as heart disease, type 2 diabetes, stroke, and some cancers.

Research shows that physical activity can also boost self-esteem, mood, sleep quality and energy, as well as reducing your risk of stress, clinical depression, dementia and Alzheimer's disease.

Health benefits

Given the overwhelming evidence, it seems obvious that we should all be physically active. It's essential if you want to live a healthy and fulfilling life into old age.

It's medically proven that people who do regular physical activity have lower risk of:

- coronary heart disease and stroke

- type 2 diabetes

- bowel cancer

- breast cancer in women

- early death

- osteoarthritis

- hip fracture

- falls (among older adults)

- depression

- Dementia

What counts?

To stay healthy, the UK Chief Medical Officers' Physical Activity Guidelines, on GOV.UK, state that adults should try to be active every day and aim to do at least 150 minutes of physical activity over a week, through a variety of activities.

For most people, the easiest way to get moving is to make activity part of everyday life, like walking for health or cycling instead of using the car to get around. However, the more you do, the better, and taking part in activities such as sports and exercise will make you even healthier.

For any type of activity to benefit your health, you need to be moving quick enough to raise your heart rate, breathe faster and feel warmer. This level of effort is called moderate intensity activity. If you're working at a moderate intensity you should still be able to talk but you won't be able to sing the words to a song.

An activity where you have to work even harder is called vigorous intensity activity. There is substantial evidence that vigorous activity can bring health benefits over and above that of moderate activity. You can tell when it's vigorous activity because you're breathing hard and fast, and your heart rate has gone up quite a bit. If you're working at this level, you won't be able to say more than a few words without pausing for a breath.

A modern problem

People are less active nowadays, partly because technology has made our lives easier. We drive cars or take public transport. Machines wash our clothes. We entertain ourselves in front of a TV or computer screen. Fewer people are doing manual work, and most of us have jobs that involve little physical effort. Work, household chores, shopping and other necessary activities are far less demanding than for previous generations.

We move around less and burn off less energy than people used to. Research suggests that many adults spend more than 7 hours a day sitting down, at work, on transport or in their leisure time. People aged over 65 spend 10 hours or more each day sitting or lying down, making them the most sedentary age group.

Sedentary lifestyles

Inactivity is described by the Department of Health and Social Care as a "silent killer". Evidence is emerging that sedentary behaviour, such as sitting or lying down for long periods, is bad for your health.

Not only should you try to raise your activity levels, but you should also reduce the amount of time you and your family spend sitting down.

Common examples of sedentary behaviour include watching TV, using a computer, using the car for short journeys and sitting down to read, talk or listen to music. This type of behaviour is thought to increase your risk of developing many chronic diseases, such as heart disease, stroke and type 2 diabetes, as well as weight gain and obesity.

Crucially, you can hit your weekly activity target but still be at risk of ill health if you spend the rest of the time sitting or lying down.

Caister Community Hot Spot Directory 2023/24



**MONDAY - Caister Community Larder
at Caister Community Spoon
3:30pm to 6:00pm**

**WEDNESDAY - Caister Community Association
at Caister Community Centre
10:00am to 2:00pm**

**THURSDAY - Caister Church Hall
09:30am to 11:00am**

**FRIDAY - Caister Community Larder
at Caister Community Spoon
09:00am to 11:00am**

CAISTER IN BLOOM

Caister in Bloom newsletter

We continue to try and keep Caister blooming and really appreciate the thanks and positive comments of people passing by when we are working - planting, weeding or watering!

We have held three successful fundraising and promotion events, one at Caister Festival and two at the Kings Arms! We must thank the Kings, particularly Stewart, for their support allowing us to hold sales and our meetings there. We will miss Stewart and his family (dog included!) when they leave Caister for pastures new. Thanks for the Parish Council's ongoing support with numerous photos on Facebook promoting us to the wider world.

We also want to thank Caister Community FUNdraising and events for organising the "Sunflower Showdown" and donating the profits to us. The judging will be soon and we hope that you have all enjoyed watching your sunflowers grow!

Other news we have replaced the broken planters with four new ones at the entrance to the lifeboat car park, they are starting to bloom really well.

Someone decided to destroy or steal a well established cordiline plant near the little Caister cemetery. It's very sad and upsetting to think that some people don't appreciate what the volunteers do for the village.

As always we are desperately short of volunteers- if you have half an hour or an hour to spare looking after our plants in any way please contact Joan 07778039485, Paul 07788200366 or me Tina on 01493717509.

Tina, Caister in Bloom Secretary



CAISTER CHARACTERS

THOMAS CLOWES

Thomas Clowes was a prominent Great Yarmouth solicitor with an office at 3 Regent Street. In 1803 he bought the Manor House, on the cliffs at Caister, from Major Alexander who had rebuilt the old property twelve years earlier. At the same time Cowes also bought the ancient title Lord of the Manor of Caister. This meant that the sand hills to the south of the Manor House were his domain, the title also giving him 'right of wreck', the ownership of anything washed ashore. Thomas Clowes quickly gained a good relationship with the villagers, became a popular figure and was a great benefactor and a respected member of the community. A private footpath ran from the Manor House to the High Street to allow access to the church, a footpath that still exists from Manor Road and running along the south side of the playing field, known as the Croft footpath. Thomas Clowes was also a great supporter of the local beachmen and fishermen. In 1816 he assisted in the arrest of a band of smugglers who had brought ashore a considerable number of casks of Geneva, which they had buried in the sand hills. When the custom and excise officers from Yarmouth attempted to recover the casks of spirits a fight broke out. A large group of local people attempted to take the casks away for themselves but Thomas appealed to the mob to stop and eventually 81 casks were recovered and taken to his barn for safe keeping.

Education was almost non-existent at that time and Thomas was responsible for building the first purpose-built school in the village, on waste land off Beach Road in 1834. Over the door a carved sign read Fear God and it was forever known as the Fear God School. He was involved in many aspects of village life and took an interest in all that happened in the village. In November 1837 the Gentleman's Magazine received a lengthy report from him that "in a brick pit bones and fragments of Roman pottery were discovered in a field near the church". This was one of the earliest references to the Roman settlement in the village. When, in 1846, the local beachmen asked for permission to build a new watch-house, store shed and lookout on the sand hills north of the Gap, on land that belonged to the manor, he quickly gave his approval. In 1856 he built two cottages, or Alms houses, on waste land near the school he had erected in 1834. The cottages provided accommodation for two poor widows who were allowed to live there rent-free. These cottages, known as the Widows Home, still survive today although now converted into one dwelling, 100 Beach Road. The 1851 census described Thomas as a landed proprietor and farmer employing three labourers. By now he was 78 and had a 49 year old daughter Jane living at home. His 29 year old son Richard Sepimer Clowes also lived at the manor house and was a farmer of 340 acres, employing six labourers. The household was run by two servants, Hannah and Martha and an 18 year old groom, John. Thomas Clowes wife Hannah had died in 1827, a son Edward had died in 1829 and a daughter Emma in 1849. His eldest son John, who had lived in Ormesby and was now living in a house on South Quay, was now running the solicitors practice in Great Yarmouth.

When Thomas died in 1857 he was buried in Caister churchyard. The Manor House and the title Lord of the Manor passed to his son John and on his death in 1877 passed to John's wife Maria. Maria sold the Manor House in 1894. The new owners, the Sheringham Land and Hotel Company, then converted the property into a hotel. When Maria died in 1918 the Lord of the Manor title was sold by auction to Anthony Trainier for £1,325.

The picture shows the Widows Home in Beach Road before they were converted into a single cottage. The recently restored plaque over the door shows Thomas Clowes initials and date.



Women's Institute - Caister on Sea

Over the last three months Caister WI have found out how weather forecasters predict and present the weather from Chris Page, ITV Anglia; enjoyed excellent entertainment at our birthday party from local jazz singer, Jack Clarke and had a go at a spot of Morris Dancing with Melvyn Willin and his partner Karen after he shared some of the history, music and stories behind it all.

On D Day, we were proud that some of our ladies were able to support Soundwaves Community Singers by running their raffle and serving refreshments, leaving the singers free to perform. (Attached photo)

We don't meet in August but will be back again on Monday 9th September with David Lea – 'Art Deco and Ceramics' and then, in October, author Jeni Neill – 'Finding the Devil'. We meet on the second Monday of the month in the Function Room at the Community Centre in Beach Road. Doors open 7.15 for 7.30pm.



Melanie Harris

CAJSTER FESTIVAL 2024





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5	3				4			7	1			7	5	1						

WORDSEARCH

Musical Terms

Z	D	C	A	D	E	N	C	E	E	N	C	ADAGIO
Z	I	G	O	B	A	R	O	Q	U	E	D	ALLEGRO
E	S	A	O	Z	S	R	Z	C	L	E	F	ATONAL
S	S	L	C	A	V	A	T	I	N	A	C	CADENCE
P	O	L	A	Z	N	E	D	A	C	D	A	BAROQUE
R	N	I	C	O	N	C	E	R	T	O	F	CADENZA
E	A	A	G	A	L	L	E	G	R	O	A	CAVATINA
S	N	R	Z	A	O	A	T	O	N	A	L	CHORD
S	C	D	E	M	D	Y	C	T	O	A	S	CHORUS
I	E	D	S	Z	E	A	H	A	Z	Z	E	CLEF
V	G	R	U	L	R	L	O	G	Z	F	T	CONCERTO
O	O	O	D	E	B	A	R	E	E	R	T	DISSONANCE
L	C	E	C	U	T	D	D	L	M	I	O	DUET
I	M	S	C	H	O	R	U	S	O	C	S	ESPRESSIVO
												FALSETTO
												GALLIARD
												LEGATO
												MEZZO
												MEDLEY

CAISTER LADIES GROUP

Caister Ladies Group

On April 24th members and friends were taken to Bury St. Edmunds by Jubilee Coaches. Everyone seemed to enjoy the day and the weather was reasonably kind making it a very pleasant trip. At the meeting in May the subject was Pablo Fanque's Fair and Victorian Circus. Gareth Davies talked about Pablo Fanque who was born William Darby in Norwich and became the first coloured circus owner. He was a skilled and daring equestrian performer and developed other performance skills. The talk followed the ups and downs of the Circus and Pablo's life.

Instead of the usual meeting in June members were treated to an Afternoon Tea in the Church Hall. Ann did the ladies proud preparing delicious food and the tables looked splendid when everyone arrived. It was a very successful afternoon, and treats were taken home as well.

At the meeting in July Chris Wright's topic was Ethel Leach, a Pioneer for Women. Ethel was a supporter of the suffragist movement and worked tirelessly for women's rights. Her husband was part of the Leach family that owned shops in the area including in Gt. Yarmouth Market Place. The Alderman Leach school was named after her to recognise her achievements in local government.

The AGM was held at the July meeting when all the committee were re-elected.

Caister Ladies Group is a social community group meeting on the second Wednesday of the month at 7.30pm in the Church Hall, Caister. Annual membership of £15 will be due at the meeting on 11th September when new and returning members will be made welcome.

11th September:- Speaker Carrie Hobbs on Oriflame.

IT QUIZ TIME

Six is the lowest of what type of number?	
Smack and sampan are types of what?	
Snooker's Eddie Charlton comes from which country?	
'Somewhere My Love' was the theme tune of which film?	
Soyuz was the name of a Russian spacecraft, but what does the name mean?	
'Spend, spend spend' was the cry of which winner of the football pools?	
'Spycatcher' was the controversial memoirs of which former intelligence officer?	
St Albans started and Bosworth finished which hostilities?	
St Stephen's Day is better known as which day?	
Starting at the centre, what are the five colours of an archery target?	
Starting in March, in which month does the coarse fishing close season end in British rivers?	
Stephan Grappelli is famous for playing which instrument?	
Sunderland lies at the mouth of which river?	
Swiss architect Charles-Edouard Jeanneret is better known as who?	
'Thanks For The Memory' is the theme song of which comedian?	
The Acol system is used in which game?	
The African and French marigolds are both natives of which country?	
The Americans call it vaudeville, what is it called in Britain?	
The Americans celebrate Thanksgiving in remembrance of what?	
The ancient city of Troy is in which modern country?	
The black swan is native to which country?	
The blueberry or the whortleberry is also known as what?	

Answers on Page 48

Caister Library, Beach Road, Caister on Sea, NR30 5EX

01493 720594

Free drop-in events:

History Talk: Tues. 6th Aug. 4.30pm
A free talk by David McDermott on the Caister Lifeboat disaster of 1901

**Summer Reading Challenge:
Monster Craft & Story Time:**
Fri. 2nd Aug: 3.45-4.45pm

Make Your Own Mini Book:
Thurs. 8th Aug: 2-3pm

Tiny Houses (Junk Modelling):
Fri. 16th Aug: 3.45-4.45pm

**Giraffes Can't Dance Craft & Story
Time:** Thurs. 22nd Aug: 2-3pm

Making Bookmarks:
Tues. 27th Aug: 4.15-5pm

SRC Medal Celebration:
Fri. 27th Sept: 4.30-5pm

Halloween Crafts:
Thurs. 31st Oct: 2-3pm

Opening Hours

- **Monday:** 10.30am to 7pm
(8am to 10.30am Open Library access only)
- **Tuesday:** 2pm to 7pm (8am to 2pm Open Library access only)
- **Wednesday:** 8am to 7pm Open Library access only
- **Thursday:** 10.30am to 7pm
(8am to 10.30am Open Library access only)
- **Friday:** 2.30pm to 7pm (8am to 2.30pm Open Library access only)
- **Saturday:** 1pm to 4pm (8am to 1pm Open Library access only)
- **Sunday:** 10am to 4pm Open Library access only



www.facebook.com/CaisterLibraryNorfolk

Regular Activities:

Just A Cuppa: Mon. 1-3pm (not Bank Hols)

Bereavement Café: Mon. 11.30am-1pm (not Bank Hols)

Job Club: Tues. 2-4pm

Knit and Natter: Thurs. 10.30am-12.30pm

Bounce & Rhyme: Thurs. 12-12.30pm, with drink and a chat afterwards

LEGO Club: Fri. in term-time: 3.45-4.45pm. In school holidays you can ask for a **LEGO Kit** during staffed hours (see box above)

Neurodivergent Drop-In: 1st Sat. of the month, 2-3pm. With refreshments.

Under 5s Story Time: 2nd Sat. of the month, 2-3pm. With refreshments.

Caister Colouring Club: for all ages: ask at the counter during staffed hours: (see box above)

Weigh your baby at our **baby weigh station**

Collect **Tricky
Period** support
items.

borrow discover connect



Norfolk County Council

Check out our 'What's On In Norfolk Libraries' pages at www.norfolk.gov.uk/libraryonline

Follow us on: Facebook: @NorfolkLibrariesUK www.facebook.com/CaisterLibraryNorfolk

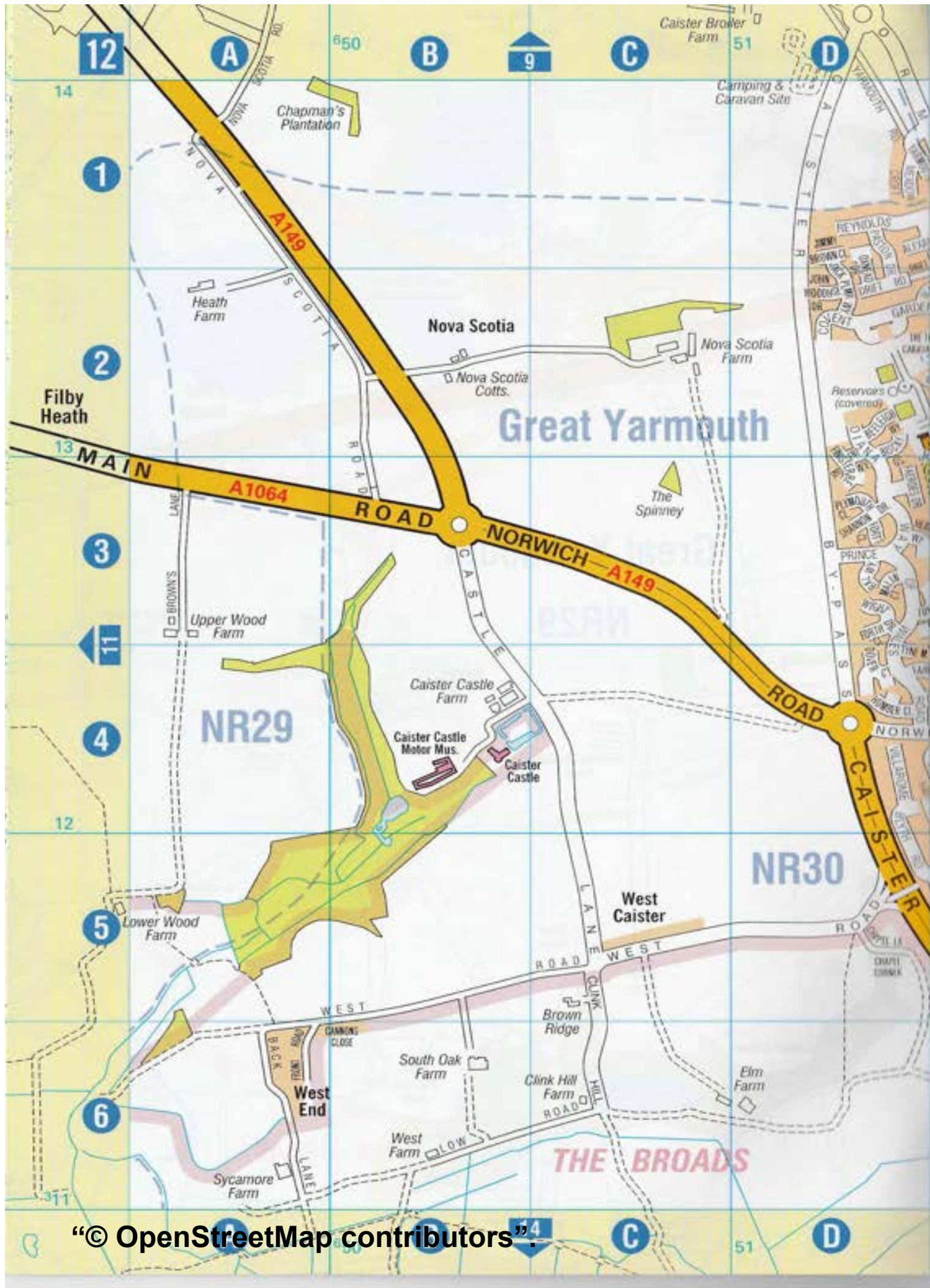
Twitter: @NorfolkLibs Instagram: @Norfolklibraries

Venice: The Arsenal by Francesco Guardi, 1755-60



The decline of Venice as a maritime power is observed with gentle acceptance in this lyrical cityscape. Bewigged and behatted citizens chat in front of the ceremonial gates of the vast Arsenal. All is quiet and picturesque in an 18th-century Venice where tourism was already becoming a big business, and lovely paintings such as Guardi's were done mostly as souvenirs for aristocratic visitors. But the Arsenal had been built when Venice had a mighty economic and colonial empire, as a phenomenally productive industrial hub that built and armed new ships at a startling rate. Here, those days appear forgotten as the Most Serene Republic sinks into beautiful torpor.

- National Gallery, London



“© OpenStreetMap contributors”





How a new challenge for you could mean the world to somebody else!

Local charity Age UK Norfolk has a rich 75 year + history of providing vital services for those in later life, including information and advice, advocacy, money matters, befriending, digital inclusion and travel companionship.

The charity is currently seeking volunteers, in particular for its Advocacy and Money Matters services, which help older people have their voice heard and to remain independent at home for longer. In particular, Advocacy and Money Matters volunteer support with:

- making phone calls and writing letters to help ensure individuals do not experience any inequality or discrimination.

- One-to-one support handling the day-to-day management of household finances and paperwork

If you are a kind, patient individual with some time to spare and you're ready to take on a new challenge, Age UK Norfolk would love to hear from you.

For more information about volunteering for Age UK Norfolk, you can visit their website www.ageuk.org.uk/norfolk/get-involved/volunteer/ or contact their Volunteer Coordinator on 01603 785210 / volunteering@ageuknorfolk.org.uk



CAISTER PARISH CHURCHES



THE CHURCH OF ENGLAND

CAISTER PARISH COUNCIL



WORKING FOR OUR VILLAGE



**A NETWORK OF
GROUPS WORKING
TOGETHER TO
HELP PEOPLE IN
CAISTER**

**VOLUNTARY
NORFOLK**



CAISTER ACADEMY
Creative Education Trust

CAISTER UNITED CHARITIES

VILLAGE WEEKLY EVENTS

Mondays -

- Knit & Natter, Rabbit Hutch, Playing Field, 10am to 12Noon.
- Just a Cuppa, Caister Library, 1 to 3pm (Not Bank Holidays)
- Bereavement Café, Caister Library, 11.30am to 1pm (Not Bank Holidays)
- Taekwando, Community Centre, 5 to 6.30pm
- Caister Larder, The Spoon, 3.30pm to 6pm
- WI, Community Centre, 7.15pm for 7.30pm to 9.30pm, (2nd Monday of every month)

Tuesdays

- Drop In Refreshments, Methodist Hall, 10am to 11.30am
- Cubs, Scout HQ, 6.30pm to 8pm
- Guides, High School, 7pm.
- Job Club, Caister Library, 2 to 4pm
- Little Kickers, The Spoon, 9.30 to 10.15am
- Chatterbox Carers, The Spoon, 10.30am to 1pm, (1st Tuesday of the month)
- Caister School of Dance, Council Hall, 4pm till 8pm (Term time only)

Wednesday

- Short Mat Bowls, Council Hall, 8.45am to 11.45am.
- Beavers, Scout HQ, 6pm to 7.30pm.
- Taekwando, Community Centre, 5 to 7pm.
- NorSuf, Russells Run, Playing Field, 6pm to 7pm
- Caister Ladies, Church Hall, 7.30pm, (2nd Wednesday of the month)
- Caister Flower Club, Church Hall, 6.30pm. (3rd Wednesday of the month)
- Caister Ladies Keep Fit, Council Hall, 1.30pm to 3pm weekly
- Walking Football, Caister Playing Field, 7pm

Thursday

- Flegg Probus, California Tavern, 10am to 12noon
- Knit and Natter, Caister Library, 10.30 to 12.30
- Bounce and Rhyme, Caister Library, 12 to 12.30pm , Stay for a drink and a chat afterwards.
- Prize Bingo, Council Hall, 12.45 to 2.30pm
- Rainbows, Methodist Hall, 4.30pm to 6.30pm.
- Brownies, Methodist Hall, 5.45pm to 7.45pm.
- Scouts, Scout HQ, 7pm to 9pm.
- Caister School of Dance, Council Hall, 4.40pm to 8pm (Term time only)
- Soundwaves Community Singers, Church Hall, 7pm to 9pm (Except January)

Friday

- Chat and a Cuppa, Rabbit Hutch, Playing Field Pavilion, 1pm to 3pm.
- Scouts Explorer Group, Scout HQ, 6.30pm to 8.30pm.
- Lego Club, Caister Library, 3.45 to 4.45pm (Term Time only)
- Gospel Choir, Methodist Hall, 7.30pm to 9pm.
- Prize Bingo, Council Hall, 7pm to 10pm (fortnightly)
- Men Shed, The Spoon, 2pm
- Caister Larder, The Spoon, 9am to 11am

Saturday

- Caister School of Dance, Council Hall, 9am to 2.20pm
- Youth Club Auction, Council Hall, 4.30pm to 8.30pm (Fortnightly Alternating with the Prize Bingo)
- Prize Bingo, Council Hall, 7pm to 10pm (As above)
- Little Kickers, The Spoon, 8am to 12 noon

Sunday

- Harbour Lights Spiritual Group, Council Hall, 7pm to 9pm.

CAISTER FLOWER CLUB

We meet at the Church Hall (situated next door to The Dragon Palace) on the 3rd Wednesday of each month, doors open at 6.00pm for 6.30pm start, a warm welcome and an entertaining evening awaits everyone.

For information, please contact Gloria 07703583076

May 15 th	Jill Clarke	“Workshop”
June 19 th ^h	Rachael Borenkova	“Make It a Double”
July 17 th July	David Wright	“Wheels in Motion”
August 21 st	Fun Night	
September 18 th	Martyn Davey	“Edible Flowers”
October 19 th	In House	
November 20 th	Julia Knights	“Let’s Get Ready for Christmas”

Why not give us a visit and see what happens when you visit a Flower Club.





Caisters Rabbit Hutch

For the Community by the community

A place to have coffee cake and chat Caisters Community hub



**RABBIT HUTCH
A TRUE
COMMUNITY HUB
FOR ALL**

**DOGS WELCOME WITH WELL
BEHAVED OWNERS**

KING GEORGE V FIELD



**GIVE ME A COFFEE TO CHANGE THE THINGS I CAN
AND THE BEACH TO ACCEPT THE THINGS I CANT**

Caisters Rabbit Hutch is a non profit coffee shop operated by volunteers all profits go back into improving facilities at the King George V field.

**DON'T FORGET TO VISIT CAISTER
LIFEBOATS OPEN DAY AND FETE
ON SUNDAY AUGUST 4TH**



CAISTER MEN NEVER TURN BACK

THE SOUNDWAVE SINGERS

To help commemorate the 80th anniversary of D Day, Soundwaves Community Singers performed a selection of wartime, sing-along favourites to an appreciative audience in Caister Church Hall. They were ably supported with the raffle and refreshments by members of Caister on Sea WI. Some of the comments received were : - "A joyous afternoon's entertainment"; "Very moving" ; "Thank you for a lovely sing-along".





Norfolk Broads Lions Club



Norfolk Broads Lions Club was formed in 1963 and we are your local branch of a worldwide charitable organisation which supports the community in the northern villages of Great Yarmouth. Over the years we have helped so many individuals and groups and have organised countless great events. From annual sleigh run, we love being a part of and running these community occasions.

We couldn't do any of this without the support of our merry band of volunteers. We are looking for new members to help our club go forward and do even more for the community. We meet once a month alongside club social gatherings too! If you think you might like to be involved then please get in contact through our Facebook page or call Lion Phil on 07786 375201.

Literacy:

A Vital Skill You Can Give Children

Imagine leaving school unable to read or write properly: one in four children in Norfolk is leaving primary school with literacy levels well below the national average - but there is a way to effect change.

Volunteers are urgently needed by The Norfolk Reading Project (TNRP) to read in school with primary schoolchildren on a one-to-one basis. It takes only a few hours a week . A handful of TNRP volunteers already support children in Caister schools but many more are needed.

There is no charge to schools or payment to volunteers. Training is free, takes less than a day and is in current practice, including phonics. TNRP arranges and funds the required DBS checks.

If you are ready to be involved with this important opportunity please contact www.thenorfolkreadingproject.co.uk or email: info@thenorfolkreadingproject.co.uk (Reg. charity no: 1176987)

**1st Caister Scout Group
The Scout Hut
King George V Playing Field
Kingston Avenue, Caister-on-Sea
Great Yarmouth
NR30 5ET**

Scout Trustee Board Vacancies

If you would like to help scouting but don't have the time to be a leader or helper, then our group trustee board is a great way of helping, our group with minimal time commitment but maximum impact.

Our group trustee board plays a key role in the day-to-day running of our group. The members make decisions and carry out administrative tasks to ensure that the best quality scouting can be delivered to young people in our sections. The board plays a very important part in the running of our group. In fact, we could not function properly without it!

Generally, the trustee board meets about 3-4 times a year.

Although the 'trustee' bit in our board's title makes it sound very formal, it is not like that at all - our board members are people like you! Everyone brings different skills and experiences and come from different backgrounds. This helps to ensure a variety of perspectives and a more rounded and effective board.

This is a rewarding role and is ideal if you would like to support the growth and development of young people and our leadership team but not by working directly with young people.

No previous experience of scouting or being a trustee is necessary. What's more important is your own skills and experience as well as empathy with our mission and values. We provide a warm welcome, a sociable network and some short online learning to support you and to help you get started as well as lots of ongoing support.

Being just a small part of scouting is great fun and it goes without saying that supporting young people can be one of the most rewarding things you can do. Apart from the Annual general Meeting the Trustee board meets about three times a year.

For further information please contact:

**Ron Hanton (Chairman) Mobile 07575947042 – Email:
mail.ronhanton@gmail.com**

Newsletter Future Issues and Deadlines

Spring 2024 - 20th January 2024

Summer 2024 - 20th April 2024

Autumn 2024 - 20th July 2024

Winter 2024 - 20th October 2024



Have you heard about the new **Make, Grow & Mend** project happening in Caister?

Make, Grow & Mend is about growing something new from existing skills, knowledge + resources in our Caister community.

Make: (18+) transforming sweet tubs collected by you, via our recycling station (outside the Caister Community Spoon) and recycling them into useful stuff in our plastic recycling workshop at Escourt Rd in Great Yarmouth.

Grow: (18+) cultivating creativity through gardening, natural dyeing + plant-based crafts at our new growing plot at Caister Community Spoon.

Mend: (Under 18 must be accompanied) social mending, upcycling + swapping with monthly mending sessions at The Rabbit Hutch.

Get Involved

Just turn up to any of our sessions on the day

Make: Every Tuesday from 10:00 - 12:00 at Wastesmiths Workshop in Escourt Rd.

Grow: Every Wednesday from 13:00 - 15:00 at Caister Community Spoon.

Parking is available via Edinburgh Close.

Mend: The last Wednesday of the month 10:30 - 12:30 at The Rabbit Hutch.

If you would like more information on the sessions including accessibility, then send us an email: hello@wastesmiths.co.uk

Message us via Facebook: /MakeGrowMend

Find us on Instagram: /make_grow_mend



Caister Community Association

Community Coffee Morning & Warm Spot At Caister Community Centre

Wednesdays 10am to 2pm

Open to All

Come & join us

Free hot drinks & biscuits

Socialize, games, puzzles

and more....



CAISTER PARISH COUNCILLORS 2023/2024

<u>NAME</u>	<u>CONTACT DETAILS</u>	<u>TEL. NO:</u>
Mr K Wood Chair	k.wood@caisterparishcouncil.com	01493721697 07876780243
Mr P Hammond Vice-Chair	pc.hammond@caisterparishcouncil.com	07768986316
Mrs B Davis	b.davis@caisterparishcouncil.com	01493720531
Mr J Fearnley	jeremyfearnley22@gmail.com	07842994377
Mr D Godbolt	Daniel.Godbolt@gmail.com	01493377874 07875373649
Ms S Griffiths	sandy_griffiths@ymail.com	01493377010 07583592048
Mr J Hemsworth	jdhdh@sky.com	07592011154
Mr J Jarzembski	jarzembski@btinternet.com	01493720630 07214279259
Mr C Kirk	Chris.kirk9@btinternet.com	01493377318 07930993793
Mr Andrew Robinson	Andrew_robinson@live.co.uk	07901590939
Ms A Scotter	ali.scotter@gmail.com	07584037625
Mr P Sleet	p.sleet@caisterparishcouncil.com	07939004728
Ms C Thompson	clarethompsonsocialmedia@gmail.com	07974665992
Mr R Wilkinson	r.wilkinson@caisterparishcouncil.com	01493720728 07885236382
Mrs S Wilkinson	susanclaypits@googlemail.com	01493720728 07860566735
<u>PARISH CLERK</u>		
Mrs E Dyble	clerk@caisterparishcouncil.com	01493720893
<u>ASST. PARISH CLERK</u>		
Mrs Z Porter	asstclerk@caisterparishcouncil.com	01493738474

Useful Caister Phone Numbers

Airfield Garage	01493 843700	Gospel Choir	01493 369588
Art Group	07591 152765	Grasmere Caravan Park	01493 720382
Arthur Jary & Sons	01493 722472	Harbour Lights Spiritual Group	07746516181
Beavers	01493 717422	Holy Trinity Church	01493 728431
Beginners Yoga	07840 287956	John Grant School	01493 720158
Branford Mini Mart	01493 720688	Kingswood Windows	01493 418278
Branfords Restaurant	01493 720400	Knit & Natter	01493 720594
Brill Wet Fish Shop	07598153970	Library	01493 720594
Brilliant Fish & Chips	01493 722777	Lidl	0870 444 1234
Brownies	01493 721817	Methodist Hall	01493 728052
Bwell Pharmacy	01493 720469	Minors & Brady	01493 806188
Caister Academy	01493 720542	Morse Opticians	01493 720977
Caister Building & Roofing	01493 721603	Mullens Cycles	01493 377311
Caister Bowls Club	07988 692011	Phoenix Social	01493 853307
Caister Community Art Group	01493 720366	Physically Disabled Swimming Club	01493 733565
Caister Cricket Club	01493 728987	Plunkets	07960 705109
Caister Cubs	01493 720090	Post Office/Nisa/Offords	01493 728081
Caister Foot Care	01493 722295	Premier Winifred Road Store	01493 720570
Caister Heritage Centre	07527 977613	Premier St Nicholas Drive	07881605539
Caister Infants School	01493 728560	Ryans Fish & Chips	07720880809
Caister in Bloom	07788200366	Scouts Explorer Group	01493 850400
Caister Junior School	01493 728223	Short Mat Bowls	01493 717509
Caister Kebab and Pizza	01493 722900	Spicey Popadom	01493 377171
Caister Ladies Group	01493 377046	Sue Ryder	01493 722294
Caister Slimming World	07910 367864	Tasty House	01493 728930
Caister Vets	01493 809766	Tesco	0845 677 9123
Caister Volunteer Lifeboat	01493 722001	The Castle Carvery	01493 728933
Caister Women's Institute	07739 700796	The Centurion	01493 720427
Camera Club	01493 731949	The Green Gate	01493 728783
Chamberlins	01493 720019	The Kings Arms	01493 720648
Chifania Chinese Takeaway	01493 728828	The Never Turn Back	01493 722697
Church Hall		The Old Hall	01493 721621
Clairemont Care Home	01493 377041	The Old Manor Café	01493 497061
Community Centre/Social Club	01493 721862	The Ship Inn	01493 543694
Council Hall	01493 738586	Thistles & Thorns	01493 722411
Doggers Plaice	01493 728776	Tubbys the Butchers	01493 720265
Dragon Palace	01493 721829	Wellbeing Pharmacy	01493 720809
Drop In Coffee/Tea	01493 720686	Williams Garage	01493 377021
East Coast Chimney Sweep	01493 718615	Yarmouth Stadium	01493 720343
East Coast Hospice Shop	01493 728321	Ye Olde Bakery	01493 722707
East of England Co-op Foodstore	01493 720209		
Eastern Beach Caravan Park	01493 720367		
Elm Park Caravan Park	01493 721630		
Embers	01493 377200		
Flegg Probus	01493 730908		
Flower Club	01493 721676		
Golden Kebab Pizza House	01493 722680		

Jubilee Coaches

PRIVATE HIRE | GROUPS | TOURS | EXCURSIONS

www.jubileecoachesrollesby.co.uk

T: 01493 749918 | E: jubileecoachesrollesby@gmail.com



EXCURSIONS 2024

Scan for more info!

Tenner Tuesday Mystery Trip Norfolk town 1st Tuesday in March-Oct	£10	Southwold at Leisure Fri 26 July 2024	£15	Sandringham Flower Show Wed 31 July 2024	£32
Highgrove Gardens inc Lunch Sat 3 August 2024	£95 <small>NEW</small>	Bletchley Park WW2 Codebreakers Thurs 8 August 2024	£45 £39 u16	ABBA Voyage 18 August & 28th September 2024	£115 SOLD OUT
Clacton Air Show Fri 23 August 2024	£20	Warner Bros Harry Potter Studio Sat 1 September 2024	£85 £74 u16 <small>NEW</small>	Cromer Pier Show Thurs 5 September 2024	£38
Sheringham 1940s Weekend with North Norfolk Railway Sat 21 September 2024	£39.50	Faulty Towers The Dining Experience Sun 6 October 2024	£79	Knitting & Stitching Show Sat 12 October 2024	£42.50 <small>NEW</small>
Chatsworth at Christmas Sat 9 November 2024	£69	Sandringham Christmas Craft Fair Fri 15 November 2024	£25	London at Leisure Sun 17 November 2024	£27
Turkey & Tinsel & Lunch Taverham & Highways Nursery Tues 19 November 2024	£27	Catherine's Mystery Xmas Shopping Extravaganza Sun 24 November 2024	£15	Bury St Edmunds at Christmas Fri 29 November 2024	£15
Holkham by Candlelight Tues 3 December 2024	£42	Mystery Christmas Lunch with entertainment Wed 4 December 2024	£39.50 <small>NEW</small>	Christmas at Kew Gardens Sat 7 December 2024	£50
Cromer Pier Show Wed 11 December 2024	£38	 Thursford Christmas Spectacular Sat 30 November matinee • Sat 14 December matinee Mon 16th December matinee NEW • Thurs 19 December matinee		£69.50	

ISLE OF WIGHT Monday 21st to Friday 25th October 2024

5 days | 4 nights half board at the Bourne Hall Hotel, Shanklin (3 star)
travelling with Jubilee Coaches (local pick up points)

Excursions include: **Osborne House, Isle of Wight Steam Railway, Ventnor Botanic Gardens
The Needles & Isle of Wight Pearl**

£574 per person (£45 single supplement) £60 deposit refundable on full payment

This holiday is brought to you by group organiser **Jubilee Coaches**
in conjunction with **Norman Allen Group Travel**

Regular Pick-up Points:

Martham, Rollesby, Ormesby, Caister, Filby,
Fleggburgh, Acle

Additional Pick-up Points (subject to demand):

Bradwell, Great Yarmouth, Gorleston

To view the full details of our trips and book online
visit: www.jubileecoachesrollesby.co.uk/excursions

or call 01493 749918

**At your
Library**



History Talk

**The Caister Lifeboat Disaster of
November 1901**

A free talk by David McDermott

Refreshments available

**At Caister Library, Beach Road,
NR30 5EX Tel: 01493 720594**

Tuesday, 6th Aug. 4.30pm



RYANS TRADITIONAL FISH & CHIPS

ORDERS TAKEN BY PHONE

07720 880809

53 TAN LANE

Open Wednesday 4.30pm - 7.30pm

Thursday 11.30am - 1.30pm, 4.30pm - 7.30pm

Friday, Saturday 11.30am - 1.30pm, 4.30pm - 8pm

23 05 2019

Chiropodist & Podiatrist

Andrew Symeou (MRCPod)

**Registered with the Health &
Care Professions Council**

Patients Home Visits

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23 05 2019



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Jamie Minors
Managing Director



Alex Brady
Managing Director

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- In house professional videographer
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**Most Sales Agreed
in 2022***



**Most Chosen Agent in
2022***

*Data taken from TwentyEA, covering all NR postcodes from 1st Jan 22 to 31st Dec 22

Caister-on-Sea

Tel: 01493 806188

caister@minorsandbrady.co.uk



CAISTER MENS SHED
YOUR LOCAL MENS SHED

**COME
 ALONG
 THIS
 FRIDAY**



CAISTER MENS SHED
YOUR LOCAL MENS SHED

**CAISTER MENS SHED AIMS TO IMPROVE THE
 THE WELLBEING. . OF ITS MEMBERS
 ADDRESSING SOCIAL ISOLATION, MAKING
 FRIENDS, SHARING MEANINGFUL ACTIVITIES
 HELPING OTHERS, DRINKING COFFEE AND
 EATING BISCUITS AND HAVING A CHAT**

**2pm in the COMMUNITY. . SPOON
 THIS FRIDAY**



Caister Cricket Club

Caister cricket club have had a mixed start to the season winning the same amount as losing but also having as many games lost to the poor weather. Such a shame as we've introduced more youngsters into the side and they need to gain as much experience as possible. The youth sides have done very well and in fact the under 13 team won their first weekend tournament at Acle. They and the under 9s play in a round robin type of matches in one day and seem to thoroughly enjoy themselves. Our coaches give as much support as possible and it's great to see so many parents turning up. We did a training session for the youth players on the wicket during the Sunday of the Caister Festival which was well received. We were also asked to host the East Norfolk Schools tournament for the third year running in May which saw 7 teams on the first day and 8 on the second. We extend our continued thanks to our many sponsors without whose help we couldn't maintain this momentum. Some wonderful news was received at the end of May when our application for funding to install an artificial wicket was accepted and we're now in the process of contacting the relevant companies to set it in motion. All being well it will be ready for next season and can be used by every team from youth through to seniors when needed. New members are always welcome and more information can be gained from Mick Jones on 728987 or Dick Wedon on 721625.

Mick Jones



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What's On at Caister Community Centre



Monday

East Norfolk Taekwondo 5pm – 6:30pm (Weekly) in Room 1.

For all Taekwondo sessions contact Andrew Meeson – 07788 253773

Caister Women's Institute on 2nd Monday of the Month

7:30pm – 9:30pm in Social Club Function Room.

Great Yarmouth Bird Club on 4th Monday of the Month

7:30pm – 10:30pm in Social Club Function Room.

Contact: steve.cantley@gmail.com for details

Tuesday

Caister Chronic Illness Social Group

Next Meeting on 2nd Tuesday of the month 2pm – 4pm
in Social Club Function Room. Contact Sheila Johnson - 07905 959905

Wednesday

Caister Community Association Coffee Morning & Hot Spot
10am to 2pm (Weekly) in Social Club Main Bar - Open to All

Beginners Pilates 11:15am – 12:15pm (Weekly) in Room 1.
To book contact Sandra Newson 07838 637432

East Norfolk Taekwondo 5pm – 6pm (Weekly) in Room 1

Chi-Gong Gentle Exercise 7pm – 8pm (Weekly) in Room 1.
To book contact Jenn@SunAndMoon-QiGong.com

Thursday

Yoga for Life (All Levels) 10:30am – 12:00pm (Weekly) in Room 1
To book contact Kathleen Addiss - 07840 287956

The Crafty Arty's - Arts & Crafts Group
Thursday 12:15pm to 2:15pm - Contact group organiser for session dates
Contact Melanie Everitt on – 07752 606742

Empowerment - Dance Exercise
6:30pm – 7:30pm (Weekly) in Room 1
To book contact Paige Hearn - 07834 471261

Saturday

East Norfolk Taekwondo - 9:30am – 12:00pm (Weekly) in Room 1

Chair Based Exercise - 12:30pm to 1:15pm (Weekly) in Room1

Contact Andrew Meeson – 07788 253773

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Be part of Neighbourhood Watch

Prevention, awareness building and working within communities is our priority

We offer advice and information on a wide range of crime types. Our toolkits provide a wealth of valuable information to homeowners and scheme leaders. They cover a range of traditional and modern crimes and include expert guidance on spotting the signs, prevention techniques and where to turn should you be a victim of crime.

Reducing risk to certain groups can help to reduce crime. By tackling the vulnerabilities that could lead to someone becoming either a victim of crime or a victim of coercion leading into crime, we ultimately reduce the opportunities for crime to happen. By reducing loneliness and isolation, we enable potential victims to be stronger and more resilient and signpost them to access support in the community.

Please do get in touch with us if you would like to make a difference and help build stronger and more resilient communities in Norfolk.

**Contact details: Chair: Les Rowlands, email: norfolknw@gmail.com,
Phone: 07752 213981**

Its Quiz Time Answers

1 Perfect, 2 Boats, 3 Australia, 4. Dr Zhivago, 5. Union, 6. Viv Nicholson, 7 Peter Wright, 8 War of the Roses, 9. Boxing Day, 10. Gold, Red, Blue, Black and White, 11. June, 12. Violin, 13. Wear, 14. Le Corbusier, 15. Bob Hope, 16. Bridge, 17. Mexico 18. Music Hall 19. The help the American Indians gave to the settlers, 20. Turkey, 21. Australia, 22. The Bilberry.

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The Enigma of the Midnight Library

In the heart of the city, nestled between towering skyscrapers and bustling streets, stood the Midnight Library. Its ancient facade bore the weight of countless secrets, and its dimly lit windows beckoned to those who sought answers beyond the ordinary.

Detective Evelyn Hart had heard whispers about the library—rumours of lost manuscripts, forbidden knowledge, and a librarian who never aged. She had dismissed them as mere superstitions until the night she received an anonymous tip. The message was simple: “The answers you seek lie within the Midnight Library.”

Evelyn arrived at the library’s doorstep, her footsteps echoing in the empty streets. The door creaked open, revealing a cavernous room filled with towering bookshelves. The air smelled of old leather and dust. A single candle flickered on the librarian’s desk.

The librarian, a wizened figure with silver hair, looked up from a book. His eyes held centuries of wisdom. “Welcome, Detective Hart,” he said, his voice like the rustling of parchment. “What brings you here?”

“I need answers,” Evelyn replied. “Answers about the unsolved cases—the disappearances, the cryptic messages, the unexplained deaths.”

The librarian gestured toward the shelves. “The answers are all here. But beware, for knowledge comes at a price.”

Evelyn began her search. She pulled out a weathered tome titled *The Whispering Shadows*. Its pages revealed the secrets of a long-forgotten cult that had worshipped darkness. She read about sacrifices made under moonless skies and the forbidden rituals that bound life and death.

Next, she found *The Cipher Chronicles*, a collection of encrypted letters. As she deciphered the code, she uncovered a trail of breadcrumbs leading to missing heiresses and stolen fortunes. The clues pointed to a hidden vault beneath the city—a vault guarded by shadows.

But the most intriguing book was *The Librarian’s Ledger*. Its pages chronicled every visitor to the Midnight Library, their desires, and the bargains they struck. Evelyn’s own name appeared, along with a cryptic note: “Three questions for three answers.”

“What do you seek?” the librarian asked.

Evelyn hesitated. “The truth behind my partner’s death,” she said. “And the identity of the elusive Nightshade Killer.”

The librarian nodded. “Three questions, Detective. Choose wisely.”

Evelyn asked her first question: “Who killed Detective Malone?”

The librarian’s eyes glowed briefly, and the answer materialized in her mind. She gasped—the killer was someone she had trusted. The second question revealed the location of the Nightshade Killer’s lair—an abandoned theatre on Elm Street.

As Evelyn prepared to leave, the librarian spoke. “One more question remains.”

She hesitated. “What is the price for this knowledge?”

The librarian smiled. “A memory. A cherished moment you’ll forget forever.”

Evelyn thought of her daughter’s laughter, her husband’s touch. She made her choice.

Outside, the moon hung low, casting shadows on the cobblestone streets. Evelyn followed the clues to the theatre, where the Nightshade Killer awaited. The truth was within her grasp, but at what cost?

As she stepped into the darkness, she whispered the final question: “Who are you, really?”

The answer echoed—a name she had long forgotten, a past she had buried deep.

And so, Detective Evelyn Hart faced the enigma of the Midnight Library, knowing that some secrets were better left hidden.



CAISTER-ON-SEA

2024